

MONTHLY BOARD MEETING MINUTES

October 28, 2013

Mental Health Board

Members in Attendance

Behrens, Sharon
Buckman, Rick
Cleveland, Cheryl
Holmes, Jim
O'Meara, Janet
Thickens, Theresa
Williams, Jessica
Dickinson, Will

Staff and Guests

Bauman, Maureen
Ellis, Amy
Jones, Janna
Moser, Katrina
Osborne, Marie

Absent Members

Meade, Pat
Schauer, Steve
Wesp, Daniel

Welcome and Introductions

Janet O'Meara, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Not read

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ Guest Speaker: Maureen Bauman, Director, Adult System of Care – AB109 Update

- AB109 is the Criminal Justice Realignment that went into place a couple of years ago.
- Reviewed the draft update of data that the Criminal Justice Partners and Health and Human Services (HHS) are preparing to take to the Board of Supervisors on November 5, 2013.
- Probation is the lead department in moving forward the planning process with the Criminal Justice Partners and HHS.
- Continuing to hold offenders accountable both through the effective use of incarceration as well as augmenting with evidence-base treatment and providing rehabilitation opportunities as offenders are supervised in the community.
- Reviewed the realignment data and how individuals were processed after Probation's initial receipt of the 300 offenders from the California Department of Corrections.
- Realignment accounts for 10% of the population Probation is supervising.
- Placer County has the lowest number of split sentences in California.

- The Sheriff's Department has had a significant impact of AB109 individuals, mostly related to the average daily population of the jail. Ms. Bauman also provided information related to the Federal Consent Decree and how that impacts the population of the jail.
 - Maximum jail capacity is 640.
 - The jail maintains capacity at 90% in order to better manage the population.
 - At 90%, the jail can release; at 100%, the jail must release – per the Federal Consent Decree.
- 50% sentence inmates that are in the jail are AB109.
- Reviewed the various ways individuals are released from jail.
- HHS update – HHS assessed 253 individuals who were either in custody or out of custody and referred by the Sheriff or Probation.
- Expanded all residential programs with AB109.
- 225 individuals have entered some sort of treatment program including: residential, housing, in custody and/or out client.

Secretary/Treasurer's Report

Approval of the September 23, 2013 Public Hearing for MHSA Annual Update FY 13-14 and Regular Board Meeting Minutes –
Approved minutes as distributed.

Approval of Treasurer's Reports – \$1,500 - Amount budgeted for Fiscal Year 2013-14. Expenditures for the month of September include: \$58.07 - food purchased; \$3.44 – postage (October). End balance of \$1,270.87 and is accepted as presented.

Standing Committee Reports

- ❖ Alcohol and Drug Committee – Janet O'Meara reported on behalf of Dan Wesp
 - Amy Ellis informed the committee that ASOC is in the process of hiring a part-time staff to work in perinatal to provide outreach services.
 - Discussed the Affordable Care Act and Medicaid Expansion; additional people, single men and women will receive services.
 - Janet O'Meara reported back on the New Leaf site visit. Additional attendees included Jim Holmes, Steve Schauer, Pat Meade, and Dan Wesp.
 - The director was not available at the time of the site visit.
 - The group noted a need for improved appearance.
 - Jim Holmes spoke with a group of church representatives to consider improving the aesthetics.
 - As a supervisor, Mr. Holmes informed the MHADB that revenue sharing dollars could be used to fix/improve facilities.
- ❖ Quality Improvement Committee – Jessica Williams
 - Theresa Thickens reported that they spent most of their time talking about the review of the Educationally Related Mental Health Services that are occurring in the schools, those services that used to be provided by the County. In 2011, the provided services went from the County to school districts (26.5 – County Mental Health; 36.32 – school responsibility).
 - The committee contacted the director of the Placer SELPA to identify what has happened since the transfer of services and has received one set of data from one of the school districts.
 - QIC previously met with County staff to better understand what services were provided, collecting data, and now they are collecting data from the schools, post transition, for comparison.
 - Ms. Thickens is conducting a pilot project in the Western Placer District, running the same questions through her own district.
- ❖ Children's Committee – Sharon Behrens
 - Lincoln Community Resource Collaborative (LCRC) is printing 10,000 crisis resources card paid for by the Mud Run for Life. The cards will be distributed within the Lincoln community and the locations will be tracked.
 - Meeting with the Lincoln Police Department - they have a need for training; a list of available training will be provided.
 - Unity Care will print 2,000 cards.
 - Recognized for Trauma Informed Care, the First Five Commission has guaranteed the three-year amount of \$75,000 per year, totaling \$250,000. Hope to have the program up and running by July 1, 2014 beginning with the ages of 3 to 6.

- ❖ Adult Services Committee – Janet O’Meara
 - Still in process of obtaining information/data from Curtis Budge, ASOC Program Manager, on discharge planning from the Psychiatric Health Facility (PHF).
 - Discussed statistics on the number of people that suffer mental health in general. Currently focusing on serious and persistent mental illness and the people who come through the system repeatedly. The committee wants to identify outreach efforts that work best to engage the individuals in treatment.

BOS-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - Reported on his attendance at the Auburn, October 10th New State of Mind community meeting and how very impressive and successful it was.
 - Conducting interviews for the HHS Director and have four quality candidates for the position. They should have an individual identified by the end November.

Correspondence and Announcements

- ❖ Janet O’Meara reported on the receipt of the following:
 - Received a letter from John Koehler; will table until next meeting.

Director’s Report (*Distributed in Board packet*)

- ❖ Maureen Bauman reported on the following:
 - Receiving positive feedback on the newspaper insert that was distributed – There is Hope. We do have additional inserts and can make them available for use.
 - Affordable Care Act update – mental health services will be a requirement of health care. Identified that people will receive early therapeutic services. Medi-Cal beneficiaries may receive expanded substance use disorder services.
 - Medicaid Expansion is the early implementation of the Affordable Care Act, providing Medi-Cal like services.
 - Oversight and Accountability Commission has released a Request for Proposal (RFP) to evaluate our crisis continuum and reduce the number of people hospitalized. The goal is to expand access to early intervention and treatment service to improve the client experience, achieve recovery and wellness and reduce costs.
 - The competitive grant is due January 3rd.
 - The recruitment for the Quality Improvement manager, replacing Marie Osborne’s position, opened today.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - One person sent in an email to the MHADB’s email address with an interest in becoming a member.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
 - ◇ MHADB Annual Report – Public Awareness.
 - The Executive Committee discussed making extra copies of the current fiscal year Annual Report to the BOS to be made available at various locations or distributed at various events; this can be used as a marketing tool.
 - It’s approximately \$2.80 per copy; the exact amount for additional bound copies was not available.
 - Maureen Bauman will provide an exact cost; item will be placed on next month’s agenda for further action.
 - ◇ Brochure for MHADB.
 - Theresa Thickers reported that simple informational tri-fold pamphlet will be created for distribution at various events.
- ❖ The Big Pow Wow
 - Janet O’Meara reported on behalf of Steve Schauer who attended the event. Reported on low attendance most likely due to another main event taking place concurrently.
 - Ms. Bauman reported there were a few less booths than last year but there was a lot of activity taking place.

New Business

- ❖ Appointment of New Public Interest Board Member – Louis Ling
 - The Executive Committee recommends the appointment of Louis Ling to the MHADB.

Jim Holmes approved the appointment of Louis Ling, as a Public Interest Member to the MHADB, Sharon Behrens seconded. Motion carried.

❖ Contracts [Action Item]

- The below contracts were reviewed and approved by the Executive Committee.

- Mental Health Contract Amendments for FY 12-14.

Rick Buckman made a motion to approve the contract, Jim Holmes seconded. Motion carried.

- Designation of Facilities for Involuntary Evaluation for Mentally Disordered People.

Maureen Bauman noted there has been a minor change to the memo subsequent to distribution in the packet.

Jim Holmes made a motion to approve the contract, Rick Buckman seconded. Motion carried.

Board Member Comments

- ❖ Cheryl Cleveland announced the one-man play taking place on November 8th in Loomis. Ms. Cleveland will scan a flyer to Janna Jones for distribution to MHADB members. Reported on her attendance at one of the fund raising workshops at the Nonprofit Resource Center and can report on it at a future meeting.
- ❖ Sharon Behrens announced she and Mia are speaking this Friday, November 1st at the Sierra College Annex (old hospital) at 6:30 p.m. – From Tragedy to Triumph. No charge.
- ❖ Janet O'Meara reported on information she read in the CalMHSA weekly about UCs educating students on mental health symptoms.

Public Input

- ❖ Katrina Moser provided recommended locations to distribute the green resource cards in Lincoln: Lincoln Chinese and H&R Block. Regarding assisting with the New Leaf facility, recommended asking the Habitat for Humanity. They frequently donate materials – paint, housing, projects, wood, etc.
- ❖ Marie Osborne reported that in other counties she's worked, community 12-step groups would adopt a house and members of the community groups would each adopt a room within the residence. People in long-term recovery would make upgrades – something they could take to their recovery meeting to reflect how they were giving back.

Adjournment

- The meeting was adjourned at 8:00 p.m.
- Monday, November 4, 2013 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- Monday, November 18, 2013 is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board